



Supporting your daughters emotional wellbeing
Belvedere Academy 14/1/16 (Alder Hey CAMHS)

We would be grateful if you could take the time to fill in this brief questionnaire about the session you attended. Your feedback is crucial to us learning about what has been helpful, what has not been so helpful, and what can be improved for the future. Your feedback is anonymous so please feel free to be as honest as you can!

Please circle the appropriate number and add comments.

Not at all **slightly** **moderately** **very**
0 **1** **2** **3**

1. How helpful has the training been? 0 1 2 3

The most helpful part was.....
.....

The least helpful part was.....
.....

2. Did the session increase your knowledge and awareness of emotional health/distress?
0 1 2 3

Comments:.....

3. How much has the workshop raised your confidence supporting your daughter's emotional wellbeing? 0 1 2 3

Comments:.....

4. Would you recommend this workshop to other parents?
0 1 2 3

Comments:.....

5. Is there anything that you didn't like or would want to change about the session?

Thank you for your feedback.

Please return to Julie Marshall, Acting Assistant Principal, Belvedere Academy